Perspectives from the School of Nursing Faculty

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Objectives

• Relationship-building
  – Between generations
  – Between professions
  – Between communities
Celebrate New Identity at Open House

Emory’s former Office of University-Community Partnerships (OUCP) — now called the Center for Community Partnerships (CFCP) — will host an open house on Wednesday, Sept. 19 to inaugurate its new offices in downtown Decatur. Scheduled from 11 a.m. to 1 p.m., the open house is free and open to everyone. It will feature light hors d'oeuvres, tours of the new fourth floor office suite, an introduction of new staff, and information on how the CFCP serves as a bridge between Emory and surrounding communities. Read more from the Emory Report

Events Calendar

- **Emory’s 5th Annual Green Networking Night**
  Wed., Nov. 14, 2012, 7 – 8:30pm

- **H.G. Carrillo, Sin las congas, the ruffly-sleeved shirt y vergüenza: Other Ways of Reading Latino**
  Thu., Nov. 15, 2012, 4:30 – 5:30pm

- **Global Growers: A night of cocktails and tastings to celebrate the new traditions of Southern foodways**
  Tue., Nov. 20, 2012, 5:30 – 8pm

**Spotlight**

Project SHINE is proud to announce that the following students have been selected to serve on the 2012-2013 Project SHINE Student Leadership Team:

- **SHINE Coordinator:** Gabrielle Clark
- **Site Coordinators:** Michael Cranford, Leah Dodell, Kimberly Edmunds, Nneamaka Ifeadike, Lisa Li, Jennifer Lin, Claudia Rowe, Evodie Versulien, Xiaoxin Yu, and Yunneng Wang
- **Attendance Trackers:** Doudou Song and Ruoying Xiong

**GIVE TO CFCP >**

[Make a Gift]
Core Competencies for Interprofessional Collaborative Practice

Sponsored by the Interprofessional Education Collaborative*

Report of an Expert Panel
May 2011

*IPEC sponsors:
American Association of Colleges of Nursing
American Association of Colleges of Osteopathic Medicine
American Association of Colleges of Pharmacy
American Dental Education Association
Association of American Medical Colleges
Interprofessional Education

• Core Competencies for Interprofessional Collaborative Practice
  – Roles and responsibilities
  – Teams and Teamwork
  – Interprofessional Communication
  – Values and Ethics for Interprofessional Practice
Settings: Face-toFace

Mentor-Mentee
Lullwater Park, Emory campus
Senior High-rise Buildings
Settings: Virtual

Mentee-Mentee (and Faculty)
I met up with Rosa at a pizza place in Avondale Estates over Halloween weekend. We were able to sit and talk about a multitude of things—she asked me all about my family and told me a little about hers. She told me about her date last week and then informed me she was looking for a boyfriend for me. Rosa actually brought up friendship on her before I was even able to tell her that this is what our discussion was supposed to be on.

She told me that she currently has around five close friends. This is more than she had when she was a young adult, back then she only had maybe two. The five friends she has now she made while she was in her 30s. They are all around the same age and have similar value systems and are all Christians. They are very family oriented. She said that what makes someone her best friend was that they are there if she needs them. They are very reliable—when they say something they do it. Her friends are definitely caring, make sure she is doing alright and asking about her.

Her example of one of her close friendships was of Nancy, whom Rosa has known 51 years. The longer they’ve known each other the more they find in common. Both ‘and goes out of her to ask personal questions, which really means a lot to her friend. Although Nancy doesn’t live around here, they are still very close. If Rosa ever needs anything immediate her other close friends are very reliable as far as help goes (i.e., car trouble). Rosa has never had a friend that is much older or younger than her, they have all been pretty close in age (until me). Rosa didn’t mention any disadvantages to friendship in her old age. She believes that her friendships are very comforting and very important. She said that most of their children are gone so they can find comfort in each other. She also addressed that there are so many divorced women who don’t have boyfriends and need other women to talk to. I think that this kind of support system is really crucial for Rosa. She tells me all about her dating experiences in the past, as well as her dating experiences now. I love that she has other women that can share with her and encourage her in this. This support system is a key player in her quality of life.

Rosa also shared with me a story of a recent friendship that she had to end. She told me how she realized that it was a lopsided friendship, and the woman had been using her. Rosa decided it was best to let this person go. I thought this was really interesting. To me you would think that in older age people would be much more honest and less superficial. It saddens me that people don’t grow out of this.

I think the importance of a social network is critical in all walks of life. Seeing it in a different generation is encouraging to me, and affirms my belief in this. There is no greater feeling than having someone to depend on, to lift you up and to support you through things in life that seem impossible.
I had a fun meeting with Ron today. We met outside the school of nursing, which Ron is easily able to walk to. As we sat and discussed Ron’s routine, I quickly noticed I was receiving flirtatious glances from the many women who frequent that area. Some of the women were eating, others were walking by. There must be something about having lunch with a senior citizen that made me appealing.

As we discussed Ron’s routine, I couldn’t help but notice the many similarities we had. He gets up about 7:30, and heads to bed around 11:15. This is actually later than I go to bed, although Ron occasionally sneaks a 30 minute nap into his afternoon. I have never taken a nap. We spend similar amounts of time eating, exercising, and preparing meals. In contrast to my own habits, Ron never participates in the cooking of dinner. I suspect this difference is largely due to our separate generations.

One interesting thing Ron does is read the paper and do the Sudoku puzzle every morning. This takes him 60 minutes, and I have always marveled at how people devote such a significant amount of time to reading the paper. I do not do this. In fact, I have really fallen behind on current events since I began nursing school. He still tutors refugees with math and science. Ron does such a great job at keeping his mind engaged; I found it all very impressive.

Ron is a very current and tech savvy person for his age. He doesn’t spend much time paying bills, as he has almost everything set up automatically via online banking. This was surprising to me. As I visualize most senior citizens paying bills, I imagine them writing checks, balancing the checkbook with an oversized calculator, and mailing each one in an envelope. Perhaps Ron is not your average senior citizen. It is fair to say many younger people do not pay their bills in such an organized and efficient manner as Ron does. Ron spends about one hour every day on the computer, mostly emailing folks. Other than speaking, email is the sole medium in which Ron and I communicate. Ron gets most of his social interaction through church, going to the movies, and going to the store. These things don’t happen every day, so Mrs. Johnson is sometimes the only person Ron will interact with that day. Since Ron is not an overly gregarious or extraverted person, I believe he prefers it this way.

He does a good job at staying active by walking his dog, Fitzgerald, three times every day. For fun, Ron plays racquetball for one hour per week. I also enjoy playing racquetball, although I haven’t played in 8 years. When I was 22, I signed up for a racquetball league thinking I would destroy all the older men I was playing against. Boy, was I wrong. Although I was faster than them, they could hit the ball with pinpoint accuracy. It was actually kind of embarrassing. I asked Ron if he thinks we should play sometime, and he was scared at the prospect of playing me.

Ron also enjoys seeing movies with his wife and daughter, which he does on a weekly basis. Mrs. Johnson is very catholic, and will not tolerate movies that have sex or violence. Ron lamented his wife’s rules because in today’s society, “It’s hard to find a movie without sex or violence”. The last movie they saw was *Salmon Fishing in The Yemen*. Ron said it was about salmon fishing in the Yemen. My life, in contrast, does not include going to see movies.

Overall I was very impressed with how Ron spends his time. Since he is retired, life is completely on his own terms. Ron has all the time in the world, and he chooses to spend it with the catholic church, walking Fitzgerald, and reading the newspaper. Ron certainly gets pleasure from the simple things in life. Overall, Ron is a fairly happy dude. He rated his previous day’s happiness an eight for the morning, afternoon, and night. My life is very different than Ron’s, as I feel that much of my life is dictated by outside forces (i.e., nursing school). Although I do not have kids, school pretty much drives my daily routine right now. Interestingly enough, much of my routine was similar to Ron’s in that we enjoy coffee, communicate with a computer, and prefer to get a little bit of exercise every day.
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Hello Group 6! Your nurse faculty is checking in from Vegas at the GAPNA conference, where everyone thinks a Senior Mentor Program is the best thing since sliced bread! Looking forward to seeing and hearing your discussions this year.

Carolyn
Hi Group 9! It's Laura. Looking forward to getting to know you. Let's get started by introducing ourselves and sharing what has been our most favorite job and/or volunteer experience. Remember you can comment using phone, video, text or audio.
Pros

• Quick
• Portable
• Interactive in design
• Easy to see who has posted
• Easy to ‘follow’

Cons

• Limited detail
• Not entirely sure how to archive
• Timing of postings and comments